

## 1 Samuel 22 “David’s Four Hundred Men!”

### Vs. 1-5 The Cave of Adullam...

(Psalm 57:1-11; 2 Cor. 3:18; Prov. 3:5-6)

[#1] The key to **Victory** is to hang around Jesus constantly. Choose to make Jesus your identity and your passion and slowly but surely you’ll be conformed into the image of the One captivating your heart.

[#2] Like David, do you desire the **Lord’s** path for your life? Then...

<sup>5</sup> Trust in the LORD with all your heart, And lean not on your own understanding;

<sup>6</sup> In all your ways acknowledge Him, And He shall direct your paths.  
Proverbs 3:5-6

### Vs. 6-10 King Saul is Hot on David’s Heals...

### Vs. 11-19 Terrible Consequences of Sin...

(Heb. 12:14-16; 1 Sam. 17:47; Matt. 5:44-45; 1 Pet. 3:9; Eph. 4:32)

[#3] With the Lord’s help, choose to pursue **peace** instead of vengeance and **holiness** instead of hatred!

Ephesians 4:32 (NIV)

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”

### Vs. 20-23 David’s Confession...

(1 John 1:8-10; 2 Cor. 3:18)

[#4] Jesus brings **rest** to the distressed. He **forgives** the debtor and makes him heir of His riches. And He gives **peace** and deep down satisfaction to the discontented.

[#5] The more time you spend with **Jesus** ... the more you will find yourself becoming like Him!

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- 6) How can we learn from David's guilt and repentance in the following passage?

**Psalm 32:1-5** - "[1] A Psalm of David. A Contemplation. Blessed is he whose transgression is forgiven, Whose sin is covered. [2] Blessed is the man to whom the LORD does not impute iniquity, And in whose spirit there is no deceit. [3] When I kept silent, my bones grew old Through my groaning all the day long. [4] For day and night Your hand was heavy upon me; My vitality was turned into the drought of summer. Selah [5] I acknowledged my sin to You, And my iniquity I have not hidden. I said, "I will confess my transgressions to the LORD," And You forgave the iniquity of my sin. Selah"

How do you think Satan wants to use guilt in our lives?

### TAKING IT HOME

- 7) What are some ways you can protect yourself from hiding sin or temptation?
- 8) What do you most need to remember or do from this week's message or homework?

### PRAYER REQUESTS

- ▶
- ▶
- ▶

## Life Group Homework For the week of September 4, 2022

### GETTING TO KNOW YOU

- 1) This week we read how four hundred men who were distressed, in debt, or discontented came to dwell with David. As you were growing up, who were the people you went to when you needed help or encouragement? Who are the people you go to *now* when you need help or encouragement?

### REVIEW

- 2) In your own words, what happened in 1 Samuel 22?
- 3) What stood out to you from this week's message? (Favorite point, Something you learned, a question, etc)

### DIGGING DEEPER

- 4) What stands out to you from the following passage?

**Ephesians 4:25-32** - "[25] Therefore, putting away lying, "Let each one of you speak truth with his neighbor," for we are members of one another. [26] "Be angry, and do not sin":

*do not let the sun go down on your wrath, [27] nor give place to the devil. [28] Let him who stole steal no longer, but rather let him labor, working with his hands what is good, that he may have something to give him who has need. [29] Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. [30] And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. [31] Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. [32] And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you."*

In what ways did Saul live up to or fall short of this passage?

In what ways did David live up to or fall short of this passage?

What do you most need to improve on from this passage?

Why do you think bitterness is so destructive?

What is most helpful in protecting you from growing bitter when somebody mistreats or sins against you?

5) David realized that *his* sin put the priests and people of Nob in danger, and ultimately led to their murder by Saul. What stands out to you from the following passages?

**1 Corinthians 6:9-11 NLT** - "[9] Don't you realize that those who do wrong will not inherit the Kingdom of God? Don't fool yourselves. Those who indulge in sexual sin, or who worship idols, or commit adultery, or are male prostitutes, or practice homosexuality, [10] or are thieves, or greedy people, or drunkards, or are abusive, or cheat people--none of these will inherit the Kingdom of God. [11] Some of you were once like that. But you were cleansed; you were made holy; you were made right with God by calling on the name of the Lord Jesus Christ and by the Spirit of our God."

**Romans 8:1** - "[1] There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit."

**2 Corinthians 5:17** - "[17] Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new."

What do these passages teach us about our sin?

How might these passages help us have a godly approach regarding our guilt?

In your own words, what is the right way to handle guilt?