

# OGCF MIDDLE SCHOOL Youth Retreat 2023

## Parent Info and Packing List

### Things to Know:

- **Meet** at Open Gate Christian Fellowship on Thursday, July 20<sup>th</sup> at **10AM**
- **We will return home to OGCF on Sunday, July 23<sup>rd</sup> around 2PM** (We will update our ETA as we get close)
- We are staying at two homes in Trinity Center, CA.
- **Should you need to contact us, please call:**  
Jarrod – 685-0077, Tyler 517-3430, or Julie (626) 733-7923

---

### ESSENTIAL Things to Bring (Please bring **ALL** of these):

(Please limit yourself to one medium sized bag, plus your sleeping bag – OPTIONAL: You MAY take a backpack-like bag as well – but you must be willing to hold it with you during the entire road trip)

- **Bible** (a real, non-electronic one!)
- **Pen(s)/Pencils**
- **Water Bottle** (You will use this all week long for meals/hiking/etc)
- 4-days' worth of clothes
- Clothes for outside (Expect a high of 100, low of 60, about 10° cooler than Willows)
- Clothes to sleep in
- Comfortable (but appropriate) clothing for inside
- Sweatshirt
- Toiletries (toothbrush / toothpaste / deodorant / Soap/Shampoo)
- Towel(s) (for showers and swimming)
- Closed-Toed shoes (that can get wet/dirty while hiking or playing in the river)
- **Modest swimsuit. (Girls: One piece, high-cut, with shorts. Guys: No sagging, no showing underwear, no speedos!)**
- Sleeping Bag (Sleeping on carpet floors)
- Pillow
- ChapStick
- Sun Screen
- Any necessary medication
- **\$15-\$20 for lunch money on the drive up and ride home, packed in your backpack/pocket!!!**
- A hunger for God and a great attitude!

### Optional:

- Flashlight
- Hat
- Sunglasses
- Board & Card Games
- Camera (No cell phones as camera)
- Snacks (especially for the road)
- Your Phone (**All phones will kept by the leaders. You may only use it to contact your parents. You may NOT keep it with you.**)

### Things NOT to bring:

- iPods/headphones
- Electronic Game Devices
- Paintball/Orbeez/Air Soft guns, fireworks, matches/lighters, weapons of any kind (not even pocket knives), drugs, tobacco/nicotine, vape, alcohol, **OR ANYTHING IRREPLACEABLE.**

# OGCF HIGH SCHOOL Youth Retreat 2023

## Parent Info and Packing List

### Things to Know:

- **Meet** at Open Gate Christian Fellowship on Sunday, July 23<sup>rd</sup> at 3:30PM
- **We will return home to OGCF on Thursday, July 27<sup>th</sup> around 3PM** (We will update our ETA as we get close)
- We are staying at two homes in Trinity Center, CA.
- **Should you need to contact us, please call:**  
Jarrod – 685-0077, Daryl (916) 577-3601, or Debra 701-1171

---

### ESSENTIAL Things to Bring (Please bring **ALL** of these):

(Please limit yourself to one medium sized bag, plus your sleeping bag – OPTIONAL: You MAY take a backpack-like bag as well – but you must be willing to hold it with you during the entire road trip)

- **Bible** (a real, non-electronic one!)
- **Pen(s)/Pencils**
- **Water Bottle** (You will use this all week long for meals/hiking/etc)
- 5-days' worth of clothes
- Clothes for outside (Expect a high of 100, low of 60, about 10° cooler than Willows)
- Clothes to sleep in
- Comfortable (but appropriate) clothing for inside
- Sweatshirt
- Toiletries (toothbrush / toothpaste / deodorant / Soap/Shampoo)
- Towel(s) (for showers and swimming)
- Closed-Toed shoes (that can get wet/dirty while hiking or playing in the river)
- **Modest swimsuit. (Girls: One piece, high-cut, with shorts. Guys: No sagging, no showing underwear, no speedos!)**
- Sleeping Bag (Sleeping on carpet floors)
- Pillow
- ChapStick
- Sun Screen
- Any necessary medication
- **\$15-\$20 for dinner/lunch money on the drive up and ride home, packed in your backpack/pocket!!!**
- A hunger for God and a great attitude!

### Optional:

- Flashlight
- Hat
- Sunglasses
- Board & Card Games
- Camera (No cell phones as camera)
- Snacks (especially for the road)
- Your Phone (**All phones will kept by the leaders. You may only use it to contact your parents. You may NOT keep it with you.**)

### Things NOT to bring:

- iPods/headphones
- Electronic Game Devices
- Paintball/Orbeez/Air Soft guns, fireworks, matches/lighters, weapons of any kind (not even pocket knives), drugs, tobacco/nicotine, vape, alcohol, **OR ANYTHING IRREPLACEABLE.**